

Mental Health Provider Resource List



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The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact info@youthprideri.org

Contact	Insurance, Sliding Scale, Language	Population	Specialty/Interest
Jasmine Appleberry, LICSW 345 Blackstone Blvd Providence, RI 02906 401-225-2044 jasmine.appleberry.licsw@gmail.com	Blue Cross, United, and Medicare Sliding Scale English	LGBTQ Young Adults Adults	Depression Anxiety Life transitions Self-esteem Existential challenges Grief and loss Relationships HIV+ Family conflict Intellectual disabilities
Mildred Bates, DSW, LICSW 1981 Broad Street Cranston, Rhode Island 02905 (401) 3541979 (401) 952 6795	Blue Cross, Magellan, Pacificare, Value Options, Managed Health Network, Tricare, Multiplan, Calif/Life, Great West, United Health Sliding Scale \$60 and up	LGBTQ Trans Young Adult Parents	Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/ Anxiety
Kimberly Bennett, LICSW Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers) 2227 Mineral Spring Avenue, Mailbox #4 N. Providence, RI 02911 (401) 4743820 KimberlyBennett@nafi.com kimbennettlicsw@gmail.com	BCBS United Health Care Neighborhood Health Tufts Health Care Sliding Scale available	LGBTQ Trans Children Adolescents Young and Older Adults	Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma
Allison Bernier, LICSW The Providence Center 355 Prairie Avenue	Most insurances	LGBTQ Trans	

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Providence, RI 02905 (401) 2764163 (508) 6423965		Children Adolescents Young Adults	
Heather BondsHarmon, LICSW 750 East Ave Pawtucket, RI 02860 401-365-4325	BCBS United Health Harvard Pilgrim, Neighborhood Health Aetna Coventry Health Sliding Scale: \$50 for the uninsured or underinsured	LGBTQ Trans Children Adolescents Young Adults All ages	Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders

Melissa DaSilva East Coast Mental Wellness 1 Richmond Square Providence, RI 02906 (401) 227-0372	Takes majority of services	LGBTQ Trans Adolescents Adults	LGBTQ and gender identity, transgender topics, academic issues, bipolar disorder, couples counseling, personality disorders, anxiety, depression and life transitions, groups, and one on one counseling
Lisa Goldman, LICSW 295 Angell Street Providence RI 02906 (401) 272-1528	Aetna Blue Cross Blue Shield Harvard Pilgrim Johnson & Wales University (United Healthcare) Medicaid (through United Health Care) Providence College (Tufts) RISD Student Insurance (United Healthcare) Tufts United Healthcare URI/University of RI Student Insurance (United Healthcare)	LGBTQ Adolescents Young Adults	Anger, Anxiety, Chronic Illness, Depression, Existential challenges and life transitions, Family issues, Parenting, Relationships, Sexual Abuse, Substance Abuse, Work Issues

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<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 (401)330-5882 nicole@pvdpsych.com</p>	<p>BCBS, United, Aetna, Cigna Sliding Scale Available</p>	<p>Adolescents, College Students, Individuals and Families</p>	<p>LGBTQIA+, Anxiety, Depression, Eating Disorders, Poly Relationships, Kink Friendly</p>
<p>Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 305-4633 naydeen21@gmail.com</p>	<p>Aetna, BlueCross and BlueShield, Ceridian, Cigna, ComPsych, E4Health, Harvard Pilgrim, Medicaid, Multiplan, Optum, Tufts, UnitedHealthCare Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Obsessive-Compulsive, Anxiety, ADHD, Coping Skills, Depression, Grief, Family Conflict, Peer Relationships, Self-Esteem, Self-Harming, Transgender, Trauma and PTSD</p>
<p>Daphne Kalaidjian, LCSW Newport, RI (401) 578-4453</p>	<p>BCBS Tufts Neighborhood Health United Healthcare Sliding Scale Speaks Italian</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Domestic Violence, Grief/Loss, Substance Abuse, Trauma</p>
<p>Jessica Kaplan, MSW, LCSW Child and Adolescent Psychotherapy 267 Main Street East Greenwich, RI 02818 (401) 305-4748</p>	<p>BCBS United Health Rite Care through United Only Private Pay</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Adoption, Families, Grief/Loss, Intellectual Disabilities, Substance Abuse, Trauma</p>

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<p>Kenneth Patterson, LMHC 146 Anoka Avenue Suite 2 Barrington, RI 02806 (401) 489-7724</p>	<p>Aetna BCBS Beacon Cigna Harvard Health Neighborhood Health Optimum Rite Care TriCare Tufts UBH</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Young Adults Adults Couples Christian counseling</p>	<p>Anxiety, Couples, Depression, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, PTSD, Substance Abuse, Trauma</p>
<p>Jessica Peipock, LCSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 6323040 peipockje@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Healthcare Neighborhood Health</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Adults</p>	<p>Anxiety, Depression, Families, Pregnancy, PostPartum, Trauma, Grief Counseling</p>
<p>Kim Perry, MSW, LCSW 1681 Cranston Street Cranston, RI 02920 (401) 4970587</p>	<p>BCBS Neighborhood Health United Health</p> <p>No Sliding Scale</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Christine Pastore Rhodes, MSW, LCSW Private Psychotherapy Practice</p> <p>1 Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 2856254</p>	<p>BCBSRI United HealthCare Tufts</p> <p>Sliding scale (limited number of slots) payments must be made at time of visit</p>	<p>LGBTQ Trans Adolescents Young Adults Adults</p>	<p>Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management</p>

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<p>Kelly Richman, LCSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 5788495 Richmankr@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Health Neighborhood Health Sliding Scale starts at \$50</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Adoption, Autism, Families, Grief/Loss, Anxiety/Depression</p>
<p>Lisa M. Rocchio, PhD & Associates, Inc. 1524 Atwood Avenue, Suite 222 Johnston, RI 02919 (401) 751-5880 www.rocchioassociates.com</p>	<p>BCBS United Health Tufts Medical Medicare Neighborhood Health Plan No Sliding Scale</p>	<p>LGBTQ Children Adolescents Young Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, Substance Abuse, Trauma</p>
<p>Cynthia Rosengard, PhD Licensed Clinical Psychologist 295 Angell Street, First Floor Providence, RI 02906 (401) 365-4577 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Cigna Sliding Scale Available</p>	<p>LGBTQ Trans Young Adults</p>	<p>Grief/Loss, Trauma, Stress, Sexual Abuse, Family Conflict</p>
<p>Linda J. Sable, LCSW 265 Atwells Avenue Providence, RI 02903 (401) 3518510</p>	<p>BCBS United Behavioral Health Neighborhood Health Aetna Magellan Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>

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<p>Megan Sanderson, MSW, LICSW 1255 Oaklawn Avenue Cranston, RI 02905 (401) 285-1931</p>	<p>BCBS Neighborhood Health RiteCare United Health Care</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, Anxiety, Depression, ADHD, Bipolar Disorder, Coping Skills</p>
<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 401-330-5882 nicole@pvdpsych.com</p>	<p>BCBS United Aetna Cigna</p> <p>Sliding Scale Available</p>	<p>LGBTQIA+</p>	<p>Anxiety Depression Eating Disorders Poly relationships Kink friendly</p>