

## Mental Health Provider Resource List



### Mental Health Provider Resource List

The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact [info@youthprideri.org](mailto:info@youthprideri.org)

| Contact   | Insurance, Sliding Scale, Language   | Population  | Specialty/Interest  |
|---|--|---|---|
| Jasmine Appleberry, LICSW<br><br>345 Blackstone Blvd<br>Providence, RI 02906<br><br>401-225-2044<br>jasmine.appleberry.licsw@gmail.com  | Blue Cross, United, and Medicare<br><br>Sliding Scale<br><br>English   | LGBTQ<br>Young Adults<br>Adults                                     | Depression<br>Anxiety<br>Life transitions<br>Self-esteem<br>Existential challenges<br>Grief and loss<br>Relationships<br>HIV+<br>Family conflict<br>Intellectual disabilities |
| Mildred Bates, DSW, LICSW<br>1981 Broad Street<br>Cranston, Rhode Island 02905<br>(401) 3541979<br>(401) 952 6795   | Blue Cross, Magellan, Pacificare, Value Options, Managed Health Network, Tricare, Multiplan, Calif/Life, Great West, United Health<br>Sliding Scale<br>\$60 and up | LGBTQ<br>Trans<br>Young Adult<br>Parents                            | Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/ Anxiety   |
| Kimberly Bennett, LICSW<br>Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers)<br>2227 Mineral Spring Avenue, Mailbox #4<br>N. Providence, RI 02911<br>(401) 4743820<br>KimberlyBennett@nafi.com<br>kimbennettlicsw@gmail.com | BCBS<br>United Health Care<br>Neighborhood Health<br>Tufts Health Care<br><br>Sliding Scale available  | LGBTQ<br>Trans<br>Children<br>Adolescents<br>Young and Older Adults | Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma  |
| Allison Bernier, LICSW<br>The Providence Center<br>355 Prairie Avenue   | Most insurances  | LGBTQ<br>Trans  |   |

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| Providence, RI 02905<br><br>(401) 2764163<br>(508) 6423965                        |  | Children<br>Adolescents<br>Young Adults                               |  |
| Heather BondsHarmon, LICSW<br>750 East Ave<br>Pawtucket, RI 02860<br>401-365-4325 | BCBS<br>United Health<br>Harvard Pilgrim,<br>Neighborhood Health<br>Aetna<br>Coventry Health<br><br>Sliding Scale: \$50 for the<br>uninsured or underinsured | LGBTQ<br>Trans<br>Children<br>Adolescents<br>Young Adults<br>All ages | Adoption, Autism,<br>Couples, Families,<br>Grief/Loss, HIV+,<br>Intellectual Disabilities,<br>Kink Friendly, Poly<br>Relationships,<br>Substance Abuse,<br>Trauma, Anxiety and<br>Mood Disorders |

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| Melissa DaSilva<br>East Coast Mental Wellness<br>1 Richmond Square<br>Providence, RI 02906<br>(401) 227-0372 | Takes majority of services  | LGBTQ<br>Trans<br>Adolescents<br>Adults | LGBTQ and gender<br>identity, transgender<br>topics, academic issues,<br>bipolar disorder, couples<br>counseling, personality<br>disorders, anxiety,<br>depression and life<br>transitions, groups, and<br>one on one counseling |
| Lisa Goldman,<br>LICSW<br>295 Angell Street<br>Providence RI 02906<br>(401) 272-1528                         | Aetna<br>Blue Cross Blue Shield<br>Harvard Pilgrim<br>Johnson & Wales University<br>(United Healthcare)<br>Medicaid (through United Health<br>Care)<br>Providence College (Tufts)<br>RISD Student Insurance (United<br>Healthcare)<br>Tufts<br>United Healthcare<br>URI/University of RI Student<br>Insurance (United Healthcare) | LGBTQ<br>Adolescents<br>Young Adults    | Anger, Anxiety,<br>Chronic Illness,<br>Depression, Existential<br>challenges and life<br>transitions, Family<br>issues, Parenting,<br>Relationships, Sexual<br>Abuse, Substance<br>Abuse, Work Issues                            |

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| <p>Nicole Issa, Licensed Psychologist<br/>PVD Psychological Associates<br/>193 Waterman St<br/>Providence, RI 02906<br/>(401)330-5882<br/>nicole@pvdpsych.com</p> | <p>BCBS,<br/>United,<br/>Aetna,<br/>Cigna<br/>Sliding Scale Available</p>  | <p>Adolescents,<br/>College Students,<br/>Individuals and Families</p> | <p>LGBTQIA+,<br/>Anxiety, Depression,<br/>Eating Disorders,<br/>Poly Relationships,<br/>Kink Friendly</p>  |
| <p>Naydeen Kafalas, LMHC<br/>640 George Washington Highway<br/>Suite 103, #19<br/>Lincoln, RI 02865<br/>(401) 305-4633<br/>naydeen21@gmail.com</p>                | <p>Aetna, BlueCross and<br/>BlueShield, Ceridian,<br/>Cigna, ComPsych,<br/>E4Health, Harvard<br/>Pilgrim, Medicaid,<br/>Multiplan, Optum,<br/>Tufts,<br/>UnitedHealthCare<br/><br/>Sliding Scale<br/>Available</p> | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Young Adults</p>   | <p>Obsessive-Compulsive,<br/>Anxiety, ADHD,<br/>Coping Skills,<br/>Depression, Grief,<br/>Family Conflict, Peer<br/>Relationships,<br/>Self-Esteem,<br/>Self-Harming,<br/>Transgender, Trauma<br/>and PTSD</p> |
| <p>Daphne Kalaidjian,<br/>LICSW<br/><br/>Newport, RI<br/>(401) 578-4453</p>   | <p>BCBS<br/>Tufts<br/>Neighborhood Health<br/>United Healthcare<br/><br/>Sliding Scale<br/><br/>Speaks Italian</p>   | <p>LGBTQ<br/>Trans<br/>Adolescents<br/>Adults</p>                      | <p>Domestic Violence,<br/>Grief/Loss, Substance<br/>Abuse, Trauma</p>  |
| <p>Jessica Kaplan, MSW, LICSW<br/>Child and Adolescent Psychotherapy<br/>267 Main Street<br/>East Greenwich, RI 02818<br/>(401) 305-4748</p>                      | <p>BCBS<br/>United Health<br/>Rite Care<br/>through<br/>United Only<br/>Private Pay</p>  | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Young Adults</p>   | <p>Adoption, Families,<br/>Grief/Loss, Intellectual<br/>Disabilities, Substance<br/>Abuse, Trauma</p>  |
| <p>Jayna Klatzker, LICSW<br/>1 Richmond Sq. 132C Providence, RI<br/>02906<br/>401-297-2021<br/>Jaynaklatzker.com</p>  | <p>Blue Cross Blue Shield,<br/>Aetna, United Behavioral<br/>Health, NHP<br/><br/>No Sliding Scale</p>  | <p>LGBTQ</p>   | <p>Transgender folks<br/>with learning<br/>differences (Autism<br/>Spectrum)</p>   |

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| <p>Kenneth Patterson, LMHC<br/>146 Anoka Avenue Suite<br/>2<br/>Barrington, RI 02806<br/>(401) 489-7724</p>  | <p>Aetna<br/>BCBS<br/>Beacon<br/>Cigna<br/>Harvard Health<br/>Neighborhood Health<br/>Optimum<br/>Rite Care<br/>TriCare<br/>Tufts<br/>UBH</p> <p>Sliding Scale Available</p> | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Young Adults<br/>Adults<br/>Couples<br/>Christian counseling</p> | <p>Anxiety, Couples,<br/>Depression, Domestic<br/>Violence, Families,<br/>Grief/Loss, Intellectual<br/>Disabilities, Kink<br/>Friendly, Poly<br/>Relationships, PTSD,<br/>Substance Abuse,<br/>Trauma</p> |
|--|--|--|---|
| <p>Jessica Peipock,<br/>LICSW<br/>17 Ashton Parkway<br/>Suite 201<br/>Cumberland, RI 02864<br/>(401) 6323040<br/>peipockje@gmail.com<br/>steppingstonescounselingri.vpweb.com</p>          | <p>BCBS<br/>United Healthcare<br/>Neighborhood Health</p> <p>Sliding Scale Available</p>   | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Adults</p>   | <p>Anxiety, Depression,<br/>Families, Pregnancy,<br/>PostPartum, Trauma,<br/>Grief Counseling</p>   |
| <p>Kim Perry, MSW,<br/>LICSW<br/>1681 Cranston Street<br/>Cranston, RI 02920<br/>(401) 4970587</p>   | <p>BCBS<br/>Neighborhood Health<br/>United Health</p> <p>No Sliding Scale</p>  | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Young Adults</p>   | <p>Couples, Domestic<br/>Violence, Families,<br/>Grief/Loss, HIV+,<br/>Kink Friendly, Poly<br/>Relationships, Trauma</p>  |
| <p>Christine Pastore Rhodes, MSW,<br/>LICSW<br/>Private Psychotherapy Practice</p> <p>1 Richmond Square, Suite 223W<br/>331 Waterman Avenue<br/>Providence, RI 02906<br/>(401) 2856254</p> | <p>BCBSRI<br/>United HealthCare<br/>Tufts</p> <p>Sliding scale (limited number<br/>of slots) payments must be<br/>made at time of visit</p>                                  | <p>LGBTQ<br/>Trans<br/>Adolescents<br/>Young Adults<br/>Adults</p>   | <p>Families,<br/>Grief/Loss, HIV+,<br/>Trauma, Substance<br/>Abuse, Anger<br/>Management</p>  |

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|---|--|--|--|
| <p>Kelly Richman,<br/>LCSW<br/>17 Ashton Parkway<br/>Suite 201<br/>Cumberland, RI 02864<br/>(401) 5788495<br/>Richmankr@gmail.com<br/>steppingstonescounselingri.vpweb.com</p>  | <p>BCBS<br/>United Health<br/>Neighborhood Health</p> <p>Sliding Scale starts at \$50</p>  | <p>LGBTQ<br/>Trans<br/>Children<br/>Adolescents<br/>Young Adults</p> | <p>Adoption, Autism,<br/>Families,<br/>Grief/Loss,<br/>Anxiety/Depression</p>  |
| <p>Lisa M. Rocchio, PhD &amp; Associates,<br/>Inc.<br/>1524 Atwood Avenue, Suite 222<br/>Johnston, RI 02919<br/>(401) 751-5880<br/>www.rocchioassociates.com</p>                | <p>BCBS<br/>United Health<br/>Tufts Medical<br/>Medicare<br/>Neighborhood Health Plan</p> <p>No Sliding Scale</p>  | <p>LGBTQ<br/>Children<br/>Adolescents<br/>Young Adults</p>           | <p>Adoption, Couples,<br/>Domestic Violence,<br/>Families,<br/>Grief/Loss,<br/>Substance Abuse,<br/>Trauma</p>                             |
| <p>Cynthia Rosengard, PhD<br/>Licensed Clinical<br/>Psychologist<br/>295 Angell Street, First Floor<br/>Providence, RI 02906<br/>(401) 365-4577<br/>crosengardphd@gmail.com</p> | <p>BCBS<br/>United Health<br/>Beacon Behavioral Health<br/>(Neighborhood Health Plan)<br/>First Health<br/>Harvard Community Health<br/>Cigna</p> <p>Sliding Scale Available</p> | <p>LGBTQ<br/>Trans<br/>Young Adults</p>                              | <p>Grief/Loss, Trauma,<br/>Stress, Sexual<br/>Abuse, Family<br/>Conflict</p>   |
| <p>Linda J. Sable,<br/>LCSW<br/><br/>265 Atwells Avenue<br/>Providence, RI 02903<br/>(401) 3518510</p>  | <p>BCBS<br/>United Behavioral Health<br/>Neighborhood Health<br/>Aetna<br/>Magellan</p> <p>Sliding<br/>Scale<br/>Available</p>   | <p>LGBTQ<br/>Trans<br/>Adolescents<br/>Adults</p>                    | <p>Adoption, Couples,<br/>Domestic Violence,<br/>Families,<br/>Grief/Loss, HIV+,<br/>Kink Friendly, Poly<br/>Relationships,<br/>Trauma</p> |

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|--|--|---|--|
| <p>Megan Sanderson, MSW, LICSW<br/>1255 Oaklawn Avenue<br/>Cranston, RI 02905<br/>(401) 285-1931</p>   | <p>BCBS<br/>Neighborhood Health<br/>RiteCare<br/>United Health Care</p> <p>Sliding Scale Available</p> | <p>LGBTQ<br/>Trans<br/>Adolescents<br/>Adults</p> | <p>Families, Grief/Loss,<br/>Substance Abuse,<br/>Trauma, Anxiety,<br/>Depression, ADHD,<br/>Bipolar Disorder,<br/>Coping Skills</p> |
| <p>Nicole Issa, Licensed Psychologist<br/>PVD Psychological Associates<br/>193 Waterman St<br/>Providence, RI 02906<br/>401-330-5882<br/>nicole@pvdpsych.com</p> | <p>BCBS<br/>United<br/>Aetna<br/>Cigna</p> <p>Sliding Scale Available</p>                              | <p>LGBTQIA+</p>                                   | <p>Anxiety<br/>Depression<br/>Eating Disorders<br/>Poly relationships<br/>Kink friendly</p>  |