

Mental Health Provider Resource List



Mental Health Provider Resource List

The providers on this list have either reached out to offer their services or have been recommended to us by youth. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact info@youthprideri.org

Contact	Insurance, Sliding Scale, Language	Population	Specialty/Interest
Jasmine Appleberry, LICSW 345 Blackstone Blvd Providence, RI 02906 401-225-2044 jasmine.appleberry.licsw@gmail.com	Blue Cross, United, and Medicare Sliding Scale English	LGBTQ Young Adults Adults	Depression Anxiety Life transitions Self-esteem Existential challenges Grief and loss Relationships HIV+ Family conflict Intellectual disabilities
Mildred Bates, DSW, LICSW 1981 Broad Street Cranston, Rhode Island 02905 (401) 3541979 (401) 952 6795	Blue Cross, Magellan, Pacificare, Value Options, Managed Health Network, Tricare, Multiplan, Calif/Life, Great West, United Health Sliding Scale \$60 and up	LGBTQ Trans Young Adult Parents	Adoption, Couples, Grief/Loss, HIV+, Relationships, Trauma, Depression/Anxiety
Kimberly Bennett, LICSW Clinical Supervisor, CCBS North American Family Institute (NAFI) (formerly Psychological Centers) 2227 Mineral Spring Avenue, Mailbox #4 N. Providence, RI 02911 (401) 4743820 KimberlyBennett@nafi.com kimbennettlicsw@gmail.com	BCBS United Health Care Neighborhood Health Tufts Health Care Sliding Scale available	LGBTQ Trans Children Adolescents Young and Older Adults	Autism, Couples, Depression, HIV+, Intellectual Disabilities, Kink Friendly, Life Transitions, Substance Abuse, Trauma

Mental Health Provider Resource List

<p>Allison Bernier, LICSW The Providence Center 355 Prairie Avenue Providence, RI 02905</p> <p>(401) 2764163 (508) 6423965</p>	<p>Most insurances</p>	<p>LGBTQ Trans</p> <p>Children Adolescents Young Adults</p>	
<p>Heather Bonds Harmon, LICSW 750 East Ave Pawtucket, RI 02860 401-365-4325</p>	<p>BCBS United Health Harvard Pilgrim, Neighborhood Health Aetna Coventry Health</p> <p>Sliding Scale: \$50 for the uninsured or underinsured</p>	<p>LGBTQ Trans Children Adolescents Young Adults All ages</p>	<p>Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders</p>
<p>Frances Carpenter, LICSW</p>		<p>Young Adults Adults</p>	<p>College and Grad Student challenges, LGBTQ and Gender Identtiy</p>
<p>Denise Crooks - LICSW and MPH</p> <p>401-606-3711</p> <p>Adult Gender and Sexuality Behavioral Healthy Program at Lifespan Psychiatry and Behavioral Health Department 950 Warren Ave. East Providence, RI 02914</p>	<p>BCBS Tufts Aetna Cigna Medicare Neighborhood Health First Health United</p> <p>No sliding scale</p>	<p>Adults 18+, LGBTQ, ethically non-monogamous (polyamorous/open relationships)</p>	<p>Depression, anxiety, bipolar disorder, trauma</p>

Mental Health Provider Resource List

<p>Melissa DaSilva East Coast Mental Wellness 1 Richmond Square Providence, RI 02906 (401) 227-0372</p>	<p>Takes majority of services</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>LGBTQ and gender idenitty, transgender topics, academic issues, bipolar disorder, couples counseling, personality disorders, anxiety, depression and life transitions, groups, and one on one counseling</p>
<p>Luisa DeLuca MS, LCMHC 2843 South County Trail, Suite 101 East Greenwich, RI 02818 (401)398-7799 coordinatedcounselingsvs.com</p>	<p>Aetna BCBS Tufts United Medicaid that has a carve out to United or NHP Sliding Scale</p>	<p>LGBTQ Young Adults Adults</p>	<p>Lesbian, Gay and Trans Individuals; youth and adults</p>
<p>Lisa Goldman, LICSW 295 Angell Street Providence RI 02906 (401) 272-1528</p>	<p>Aetna Blue Cross Blue Shield Harvard Pilgrim Johnson & Wales University (United Healthcare) Medicaid (through United Health Care) Providence College (Tufts) RISD Student Insurance (United Healthcare) Tufts United Healthcare URI/University of RI Student Insurance (United Healthcare)</p>	<p>LGBTQ Adolescents Young Adults</p>	<p>Anger, Anxiety, Chronic Illness, Depression, Existential challenges and life transitions, Family issues, Parenting, Relationships, Sexual Abuse, Substance Abuse, Work Issues</p>
<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 (401)330-5882 nicole@pvdpsych.com</p>	<p>BCBS, United, Aetna, Cigna Sliding Scale Available</p>	<p>Adolescents, College Students, Individuals and Families</p>	<p>LGBTQIA+, Anxiety, Depression, Eating Disorders, Poly Relationships, Kink Friendly</p>

Mental Health Provider Resource List

<p>Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 305-4633 naydeen21@gmail.com</p>	<p>Aetna, BlueCross and BlueShield, Ceridian, Cigna, ComPsych, E4Health, Harvard Pilgrim, Medicaid, Multiplan, Optum, Tufts, UnitedHealthCare</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Obsessive-Compulsive , Anxiety, ADHD, Coping Skills, Depression, Grief, Family Conflict, Peer Relationships, Self-Esteem, Self-Harming, Transgender, Trauma and PTSD</p>
<p>Daphne Kalaidjian, LICSW</p> <p>Newport, RI (401) 578-4453</p>	<p>BCBS Tufts Neighborhood Health United Healthcare</p> <p>Sliding Scale</p> <p>Speaks Italian</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Domestic Violence, Grief/Loss, Substance Abuse, Trauma</p>
<p>Jessica Kaplan, MSW, LICSW Child and Adolescent Psychotherapy 267 Main Street East Greenwich, RI 02818 (401) 305-4748</p>	<p>BCBS United Health Rite Care through United Only Private Pay</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Adoption, Families, Grief/Loss, Intellectual Disabilities, Substance Abuse, Trauma</p>
<p>Jayna Klatzker, LICSW 1 Richmond Sq. 132C Providence, RI 02906 401-297-2021 Jaynaklatzker.com</p>	<p>Blue Cross Blue Shield, Aetna, United Behavioral Health, NHP</p> <p>No Sliding Scale</p>	<p>Adolescents 16yrs + , Young Adults through Older Adults.</p>	<p>Anxiety, Depression, Adjustment-to-Life Events (coming out, new settings, graduations etc.), Autism Spectrum Disorder and other learning differences, School/College/Job Advocacy, Poly Relationships, Gender Care</p>

Mental Health Provider Resource List

<p>Pamela Lacerda, LICSW - HERspace</p> <p>400 Massasoit Avenue East Providence RI 02915 401-743-4377 herspaceri@gmail.com</p>	<p>BCBS OPTUM (UBH, ALLWAYS, Harvard Pilgrim) Aetna, Tufts, Medicare</p> <p>Sliding Sclae</p>	<p>Adult and Adolescent Females, 15 and older</p>	<p>Women and Lesbians</p>
<p>Kenneth Patterson, LMHC 146 Anoka Avenue Suite 2 Barrington, RI 02806 (401) 489-7724</p>	<p>Aetna BCBS Harvard Health Neighborhood Health Optimum Rite Care TriCare Turfs UBH</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Young Adults Adults Couples Christian counseling</p>	<p>Anxiety, Couples, Depression, Domestic Violence, Families, Grief/Loss, Intellectual Disabilities, Kink Friendly, Poly Relationships, PTSD, Substance Abuse, Trauma</p>
<p>Jessica Peipock, LICSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 6323040 peipockje@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Healthcare Neighborhood Health</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Children Adolescents Adults</p>	<p>Anxiety, Depression, Families, Pregnancy, PostPartum, Trauma, Grief Counseling</p>
<p>Kim Perry, MSW, LICSW 1681 Cranston Street Cranston, RI 02920 (401) 4970587</p>	<p>BCBS Neighborhood Health United Health</p> <p>No Sliding Scale</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>

Mental Health Provider Resource List

<p>Christine Pastore Rhodes, MSW, LICSW Private Psychotherapy Practice</p> <p>1 Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 2856254</p>	<p>BCBSRI United HealthCare Tufts</p> <p>Sliding scale (limited number of slots) payments must be made at time of visit</p>	<p>LGBTQ Trans Adolescents Young Adults Adults</p>	<p>Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management</p>
--	---	--	--

<p>Kelly Richman, LICSW 17 Ashton Parkway Suite 201 Cumberland, RI 02864 (401) 5788495 Richmankr@gmail.com steppingstonescounselingri.vpweb.com</p>	<p>BCBS United Health Neighborhood Health</p> <p>Sliding Scale starts at \$50</p>	<p>LGBTQ Trans Children Adolescents Young Adults</p>	<p>Adoption, Autism, Families, Grief/Loss, Anxiety/Depressio n</p>
<p>Lisa M. Rocchio, PhD & Associates, Inc. 1524 Atwood Avenue, Suite 222 Johnston, RI 02919 (401) 751-5880 www.rocchioassociates.com</p>	<p>BCBS United Health Tufts Medical Medicare Neighborhood Health</p> <p>Plan No Sliding Scale</p>	<p>LGBTQ Children Adolescents Young Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, Substance Abuse, Trauma</p>
<p>Cynthia Rosengard, PhD Licensed Clinical Psychologist 295 Angell Street, First Floor Providence, RI 02906 (401) 365-4577 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Cigna</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Young Adults</p>	<p>Grief/Loss, Trauma, Stress, Sexual Abuse, Family Conflict</p>

Mental Health Provider Resource List

<p>Linda J. Sable, LICSW</p> <p>265 Atwells Avenue Providence, RI 02903 (401) 3518510</p>	<p>BCBS United Behavioral Health Neighborhood Health Aetna Magellan</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Adoption, Couples, Domestic Violence, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Trauma</p>
<p>Megan Sanderson, MSW, LICSW</p> <p>1255 Oaklawn Avenue Cranston, RI 02905 (401) 285-1931</p>	<p>BCBS Neighborhood Health RiteCare United Health Care</p> <p>Sliding Scale Available</p>	<p>LGBTQ Trans Adolescents Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, Anxiety, Depression, ADHD, Bipolar Disorder, Coping Skills</p>
<p>Nicole Issa, Licensed Psychologist PVD Psychological Associates 193 Waterman St Providence, RI 02906 401-330-5882 nicole@pvdpsych.com</p>	<p>BCBS United Aetna Cigna</p> <p>Sliding Scale Available</p>	<p>LGBTQIA+</p>	<p>Anxiety Depression Eating Disorders Poly relationships Kink friendly</p>
<p>United Paths 110 Armistice Boulevard Pawtucket, RI 02860 401-205-5643</p> <p>Current providers hold the following licenses: Licensed Clinical Social Worker, LCSW Licensed Independent Clinical Social Worker, LICSW Licensed Mental Health Clinician, LMHC</p>	<p>Aetna Blue Cross Blue Shield Brown University Student Health Insurance (United Healthcare) Cigna First Health Harvard Pilgrim Medicaid Medicaid (through Tufts) Medicaid (through United Health) Medicare Medicare (through Blue Cross Blue Shield) Medicare (through United Health) Tricare</p>	<p>Adults (24+) Children (<12) Couples Families Parents Seniors (65+) Teenagers (13-18) Young adults (18-24) LGBTQ+</p>	<p>Academic Challenges; Addiction; Anxiety; Career Counseling; Child mental health; Depression; Divorce & Separation; Existential crisis & challenges; Family issues; Life transitions; Loss, grief, and bereavement; Parenting; Personality disorders; Postpartum Depression; Pregnancy, perinatal, postpartum mental health; Relationship issues; Stress Management; Substance Abuse;</p>

Mental Health Provider Resource List

	<p>Tufts Health Plan United Healthcare Providence College Student Health Insurance (Cigna) Johnson and Wales University Student Health Insurance (United Healthcare) University of Rhode Island (URI) Student Insurance (United Healthcare) RISD Student Health Insurance (United Healthcare) United Healthcare Student Health Plan</p> <p>Sliding Scale Available</p> <p>Languages: English, Haitian, Creole, Twi</p>		Trauma
--	--	--	--------