



Mental Health Providers List

Youth Pride Inc. | 743 Westminster St., Providence, RI 02903 | www.youthprideri.org | info@youthprideri.org

This list serves as a starting point for identifying LGBTQ+ familiar mental health providers in Rhode Island. The providers on this list have either reached out to offer their services or have been recommended to us by consumers. This resource is not an endorsement and you are encouraged to research any potential provider and be an active consumer in your health care. If you find information in this list that is of concern or out of date please contact info@youthprideri.org

Contact	Insurance, Sliding Scale	Population	Specialty/ Interest
Kimberly Bennet, LICSW Clinical Supervisor, CCBS Cranston, RI (401) 474-3820 KimberlyBennett@nafi.com kimbennettlicsw@gmail.com	Doing telehealth, looking for a space March 2022 BCBS United Health Care Neighborhood Health Tufts Health Care Sliding Scale available	LGBTQ Trans* Children (15+, gender and sexuality issues), Adolescents, Young and Older Adults	Couples, OCD – exposure and response prevention, Depression, HIV+, Kink Friendly, Life Transitions Substance Abuse, Trauma
Heather Bonds-Harmon, LICSW 331 Waterman Street Providence 02906 401-369-3911 Bus route	BCBS, United Health, Harvard Pilgrim, Neighborhood Health, Aetna, Coventry Health Sliding Scale: \$75 for the uninsured or underinsured	LGBTQ Trans* Children, Adolescents & Young Adults (ages 24 and under) asll ages	Adoption, Autism, Couples, Families, Grief/Loss, HIV+, Intellectual Disabilities, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, Anxiety and Mood Disorders
Cara Massey and other therapists Providence Psychology Services 245 Waterman St--Suite 202 Providence, RI 02906 (401) 273-3322 x 4	BCBS United Healthcare No Sliding Scale	LGBTQ Youth up to 12yo and adults, but currently no coverage for 13-17yo	Grief/Loss, Kink Friendly, Anxiety, Depression, Stress Reduction, Social Anxiety, Sleep Issues (insomnia)



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<p>Craig Crawford, LICSW 331 Broadway Providence, RI 02909 (401) 272-7130</p>	<p>BCBS Aetna Tufts United Healthcare United Behavioral Health Neighborhood Health Cigna Sliding Scale, \$50 Minimum, limited slots</p>	<p>LGBTQ Trans* Young Adults</p>	<p>Adoption, Couples, Families, Grief/Loss, HIV+, Substance Abuse, Trauma, Addiction</p>
<p>Cumberland Counseling, LLC 175 Nate Whipple Hwy #202 Cumberland, RI 02864 (401)405-0700</p>	<p>Out of pocket . sliding scale from \$40-\$80</p>	<p>Couples, families, individuals, youth ages 12 and older</p>	<p>Variety of providers with different specialities but several regularly work with LGBTQ+ clients.</p>
<p>Paul M. Hoffman, LICSW East Greenwich, RI 02818 (401) 218-0998 (401) 886-5128 (DL left detailed message on 2/16/22. Confirmed that he wishes to remain a YPI provider. Accepts all RI insurances.)</p>	<p>BCBS United Health Tufts Harvard Pilgrim Neighborhood Health RiteCare Medicare Sliding Scale</p>	<p>LGBTQ Trans* 18+ Adolescents & Young Adults</p>	<p>Adoption, Couples, Families, Grief/Loss, HIV+, Kink Friendly, Poly Relationships, Substance Abuse, Trauma,</p>
<p>Naydeen Kafalas, LMHC 640 George Washington Highway Suite 103, #19 Lincoln, RI 02865 (401) 580-8452 naydeen21@gmail.com</p>	<p>BCBS Neighborhood Health United Healthcare Cigna Tufts Harvard Pilgrim Sliding Scale \$75-120</p>	<p>LGBTQ Trans* Children, Adolescents & Young Adults</p>	<p>Families, Trauma, Sexual Abuse Specialist, Anxiety, ADHD</p>



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<p>Daphne Kalaidjian, LICSW Newport, RI (401) 578-4453</p>	<p>BCBS Tufts Neighborhood Health United Behavioral Health Sliding Scale \$75-110</p> <p>Speaks Italian</p>	<p>LGBTQ Trans*</p> <p>Adolescents & Adults</p>	<p>Domestic Violence, Grief/Loss, Substance Abuse, Trauma</p>
<p>Sarah Macedo, LICSW (she/her) www.zencare.co/provider/therapist/sarah-macedo 401-685-9321</p>	<p>BlueCross Beacon Harvard Pilgrim United (commercial & student)</p>	<p>18+</p> <p>Individual, couples</p>	<p>Survivors of sexual assault, anxiety, depression, trauma, academic pressure</p>
<p>AJ Metthe, LICSW (he/him) www.zencare.co/provider/therapist/aj-metthe 401-491-3221</p>	<p>Aetna BlueCross Optum Neighborhood United</p>	<p>All ages, individual, family</p>	<p>Men's issues, childhood emotional neglect, complex trauma, anger management, depression</p>
<p>Jessica Peipock, LICSW 17 Ashton Parkway Cumberland, RI 02864 401-632-3040 peipockje@gmail.com www.steppingstonescouns.org elingri@v.pweb.com</p>	<p>BCBS United Healthcare Neighborhood Health</p> <p>Sliding Scale</p>	<p>LGBTQ Trans*</p> <p>Children, Adolescents, and Adults</p>	<p>Anxiety, Depression, Families, Pregnancy, Post Partum, Trauma</p>



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<p>Christine Pastore Rhodes, MSW, LICSW Private Psychotherapy Practice One Richmond Square, Suite 223W 331 Waterman Avenue Providence, RI 02906 (401) 580-0223 *full up right now, but thinks she'll have openings spring 2022</p>	<p>BCBSRI Sliding scale \$8-125 (limited number of slots) payments must be made at time of visit</p>	<p>LGBTQ Trans* Adolescents (12+), Young Adults & Adults</p>	<p>Families, Grief/Loss, HIV+, Trauma, Substance Abuse, Anger Management</p>
<p>Cynthia Rosengard, Ph.D. Licensed Clinical Psychologist 295 Angell Street Providence, RI 02906 (401) 305-0364 crosengardphd@gmail.com</p>	<p>BCBS United Health Beacon Behavioral Health (Neighborhood Health Plan) First Health Harvard Community Health Plan Cigna Sliding Scale \$75-125</p>	<p>LGBTQ Trans* Young Adults</p>	<p>Couples, Grief/Loss, Trauma</p>
<p>Megan Sanderson, MSW LICSW 1255 Oaklawn Ave Cranston, RI 02905 (401) 286-5068 (In Pvd now and will call me back with some updates)</p>	<p>BCBS Neighborhood Health RiteCare United Health Care Sliding Scale starting at \$70</p>	<p>LGBTQ Trans* Adolescents & Adults</p>	<p>Families, Grief/Loss, Substance Abuse, Trauma, anxiety and depression, ADHD</p>
<p>Katie Saraiva, LICSW (she/her) www.cardinalcounselingcenter.com 401-433-9791</p>	<p>BlueCross Cigna Coastline EAP Medicare Neighborhood Tufts United</p>	<p>Children, Adults, Individuals, Family</p>	<p>Anxiety, depression, autism, self-injury, misophonia, parenting, coping with life changes, PTSD</p>



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<p>Addyson Tucker, Psy.D <i>(they/them)</i></p> <p>734-635-0424</p> <p>www.wholeheartedpsych.com</p>	<p>Aetna BlueCross Cigna Tufts</p>	<p>18+, Individual</p>	<p>Anxiety, depression, trauma, interpersonal relationships, vulnerability and shame resilience</p>
<p>Kath Whelan, LMHC, LMT 347 Broadway Providence 02909 401.323.5112 kath@kathwhelan.com (DL left a detailed message on 2/17/22. Has a little bit of room at the moment for new clients.)</p>	<p>Blue Cross United Health Beacon Tufts Harvard Pilgrim Sliding Scale \$95-140</p> <p>Only doing telehealth</p>	<p>LGBTQ Trans*</p> <p>Adolescents (14-17 and prefers not to work under 16), Young Adults (18-24)</p>	<p>Couples, Domestic Violence, Grief/Loss, Kink Friendly, Poly Relationships, Substance Abuse, Trauma, sex therapy</p>